

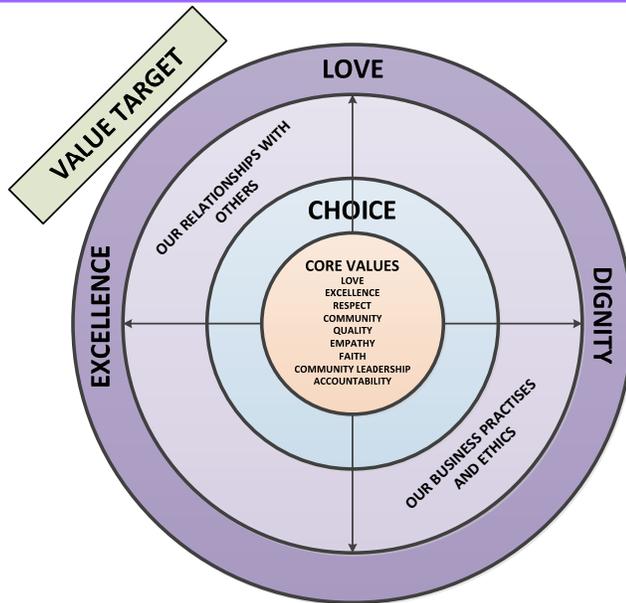


reachout



mission

To provide with excellence love and dignity a full continuum of affordable housing and services to senior citizens. We serve the Mennonite Constituency and others who wish to live in a community of Christian faith.



ENVIRONMENTALLY RESPONSIVE COMMUNITIES

For the next few editions, we will be sharing a few innovative tips for reusing, recycling and reducing from an article on the Global Stewards website. This edition will focus on "Reducing".

One tip to "reduce" is to simplify your life. Simplify your life as much as possible. Only keep belongings that you use/enjoy on a regular basis.

By making the effort to reduce what you own, you will naturally purchase less/create less waste in the future."

For more eco-friendly tips and sustainable solutions for a healthy planet, please visit the following link.

<http://globalstewards.org/ecotips.htm>

MAXIMIZING GROWTH POTENTIAL

We have now confirmed with the contractor that the new building will be substantially completed by the end of March. While a little later than our original forecast, the construction proceeds in earnest and all trades are on-site and working hard to complete their work with the highest degree of safety and quality.

Have you thought of contributing to our bed campaign? This is a great way to make your donation dollars work very practically. For more information, please contact the front office at Tabor Manor, (905) 934-2548.

LEAD IN CARE IN NIAGARA

Over the past several months, we have been promoting throughout both homes our core values through a model we developed called "The Value Target".

It sounds too easy to think that if each of us chooses to daily live out our core values, we will be able to achieve our mission to provide care that is excellent, loving and dignified. But that is the truth! Our success hinges on individual choice.

Articulating our values through this "target" model allows all us to have a central focus in our work and creates a common point to discuss "values challenges", when they occur.

INTENTIONAL WORKFORCE PLANNING

Our first on-site Job Fair held January 16 and 17 at Tabor Manor was a huge success! Eager applicants arrived well in advance of the opening of the job fair, with resumes in hand.

Approximately 396 applicants attended the Job Fair over the two day period. Human Resources staff and Department Managers were present to greet the applicants and provide them with information about the various positions in Nursing, Therapeutic Recreation, Dietary, Housekeeping, Laundry and Maintenance.

Applicants were asked to complete a ballot, indicating how they heard about the job fair. Applicants were sourced through our ad in "Niagara this Week", postings at several colleges, universities, churches, local employment agencies and various job boards. Most importantly, applicants heard about the job fair by "word of mouth" from our Pleasant Manor and Tabor Manor employees. One lucky applicant's ballot was drawn at the end of the job fair for a Tim Horton's gift card. Congratulations Elvera B!

The job fair is just one of the recruitment techniques used to source applicants, as we continue to build our applicant pipeline for Pleasant Manor and Tabor Manor.

Many thanks to all the staff who volunteered their time to meet and greet applicants. Special thanks to Walter Boldt, one of Tabor Manor's very own residents, who volunteered his time, to assist with greeting and directing applicants to the Chapel where the job fair was held.

A FAMILY'S EXPERIENCE WITH OUR HOME

When our parents made the decision to move to Pleasant Manor, they were thinking of their future. They wanted to prepare themselves for old age, in case illness might make it difficult for them to continue to live in and care for their home and property. They considered this option for some years in advance and were ready with their decision when the Creekview building was under construction, so they were able to enjoy being among its very first tenants.

Their transition to life in an apartment was made easier through advance planning in practical matters, such as measuring the rooms and arranging ahead of time for disposal of household items that would not be required in the new residence. At Pleasant Manor they enjoyed nearly a decade of living in community with other wonderful residents, some of whom were friends of long standing from the surrounding area and others who became good friends.

In time our father became ill with cancer and eventually, when he entered its final stages, he expressed the wish to die at home rather than in hospital or other care facility. He was able to experience the fulfillment of this wish, to his great satisfaction.

Pleasant Manor's Supportive Housing PSWs and medical staff were tremendously supportive and professional in administering palliative care for our father and worked closely with his family doctor and the Home Care nurse.

Later, when our mother underwent cataract surgery, the Supportive Housing PSWs again were so diligent and compassionate in their delivery of care. Looking back on the events of the past decade, our family feels much gratitude to our parents for their foresight in planning for their final years.

For all of us as their children, rather than being overwhelmed by the numerous stresses that many face in these circumstances, their security as Pleasant Manor tenants allowed us to assist them in ways that were manageable, fulfilling and rewarding.

The Doerksen Family

We are very thankful for the Doerksen Family's interest to contribute to our newsletter. Their story is one that demonstrates the value of supportive care blended with housing in fulfilling the mandate to provide the right care, at the right place, at the right time and at the right cost.

**Tim Siemens, Executive Director
Pleasant Manor and Tabor Manor**

"CONNEXIONS" - PEOPLE MAKING A DIFFERENCE

My placement at Tabor Manor as a nursing student was enjoyable, memorable, and a great learning experience. I was able to form relationships with the staff and excellent rapport with the residents. I found Tabor Manor to be a place which fostered my learning and an environment which contributed to my depth, understanding, and love for the elderly. I always looked forward to attending my placement at Tabor Manor and always left with a smile on my face and a sense of accomplishment. I would like to thank all the residents and staff at Tabor Manor for making this a positive and meaningful experience for me.

Rebecca Forgione, R.N. Student, Brock University

My name is Gaye Nauta, Registered Nurse at Pleasant Manor. I have worked in various capacities over the years. The thing that stands out for me is the commitment of both managerial and front line staff in providing care in a warm, loving and dignified manner for our residents through another stage in life. As the residents are a blessing to me, may we as staff continue to be a blessing to them.

Gaye Nauta, Registered Nurse, Pleasant Manor

ON THE HORIZON

February 20	Tenant's Annual General Meeting	Tabor Manor
March 13	Tenant's Fire Safety Training	Pleasant Manor & Tabor Manor
March 23	Auxiliary Spring Bazaar	Pleasant Manor

VITAL STATISTICS - Waiting Lists

	Tabor Manor	Pleasant Manor
Apartments	641	678
Long Term Care	74	18

THE SPIRIT IS ON THE MOVE

Isaiah 46:4 "I will be your God throughout your lifetime— until your hair is white with age. I made you, and I will care for you." Our God remains our God throughout our lifetime. This is my privilege to share this reminder with our seniors! As I listen to their life stories, we remember together the blessings of a faithful God! We have a God who will never abandon us. Praise the Lord!

Bryan Sweet, Chaplain, Pleasant Manor

As exciting as a move into a brand new home can be, sometimes it may cause us to feel uncomfortable or uncertain about the future. We need to take heart from promises of God's Word. Jeremiah 29:11 "... I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future." Be assured, God has good plans for us. Also Proverb 3:5-6 teaches us: When we trust in God and submit to Him He keeps us on a safe and sure path.

Don Middlemiss, Chaplain, Tabor Manor