



# reachout



## mission

To provide with excellence love and dignity a full continuum of affordable housing and services to senior citizens. We serve the Mennonite Constituency and others who wish to live in a community of Christian faith.



## MAXIMIZING GROWTH POTENTIAL

Over the past month, the new building has really taken shape. We anticipate the roof being completed by mid to end of May. That's truly exciting! Aligned with the building plan, we have launched a bed campaign and are appealing for partnership in our efforts. Our goal is to raise \$256,000 through donations to purchase new beds and mattresses for the 128 residents who will live in the new home. Each bed and mattress is valued at \$2,000 and this campaign provides excellent opportunity for people to very practically support the mission of our home. Your support in this endeavor can be accomplished in many ways including, single bed donations, multi-bed donations, getting together with family and friends to donate the value of one, or more beds. The possibilities are limitless. Tabor Manor is a charitable home and as such, all donations are receipted and can be made at the front office. However, if you would prefer to meet in person to discuss donating to this project, please feel free to contact Tim Siemens directly through our administration office. We thank you in advance and acknowledge that it's through support from you that we are able to buy these beds and in doing so, provide residents with a good night's sleep.

## LEAD IN CARE IN NIAGARA

Bienvenue, Foyer Richelieu Welland! Foyer Richelieu in Welland will begin construction on their new long term care home in early 2013. For the duration of their project, the residents will be living at Tabor Manor in St. Catharines in the existing long term care home. This move will allow construction to take place without disrupting residents.

## INTENTIONAL WORKFORCE PLANNING

At the end of March, we implemented a new initiative at both homes, designed to capitalize on our existing and new student placement programs. The Intentional Student Placement Engagement Strategy, (ISPES), seeks to keep our placement students engaged in our homes beyond their placement terms through our volunteer programs; and through continued post placement connection.

## ENVIRONMENTALLY RESPONSIVE COMMUNITIES

The construction project at Tabor has opened up new and uncharted territory in the world of energy conservation and environmental friendliness. We're learning about Leadership in Energy and Environmental Design, (LEED) and industry terms, such as "LPF", (Litres Per Flush) and "lumens" abound. Currently, we're exploring the feasibility of installing solar panels on our roofs at both homes.

## “FRUITFUL PARTNERSHIPS”

Over the past year, Tabor Manor and Southridge Community Church have intentionally engaged in “community building”. For the Southridge community, it has been a wonderful experience of learning about the issues facing seniors in St. Catharines and making some great friends in the process. For Tabor Manor residents and tenants, their lives have been enriched through visitations and special events. For anyone wondering what this “community building” looks like, read on for a picture of what’s going on!

For many people, it is important to begin an experience of serving seniors in a group context, allowing introduction to the many complex issues facing seniors. To do this, Southridge volunteers participate in providing chapel services annually throughout the month of May. Every other month, we host birthday parties for long term care residents and love to have the chance to celebrate with those people ringing in another year. Additionally, we host a Southridge Café on Monday evenings in the activity room of Tabor Manor and on Thursday afternoons in the café in the solarium of Evergreen, offering tea and coffee and volunteers who love to visit. Our goal is to spend time building friendships

with seniors living in our neighbourhood. In doing so, we want to live out our faith in practical ways and live out the spirit of Micah 6:8; “doing justice, loving mercy and walking humbly with God.”

So, when you see us around Tabor Manor, you now know why we are there! Thank-you to the Tabor family for being so welcoming and allowing us to get to know you over the past year. We are looking forward to meeting more and more of you in the coming months!

Annie DuRoss, Outreach Mobilization

## THE SPIRIT IS ON THE MOVE

At Tabor Manor we offered new ministry through our “Spring Festival Of Music”. Each Thursday evening chapel service, different choirs ministered through music and on Friday April 27 the finale featured the Canadian Mennonite University Choir. It was a blessing to see so many people attending chapel.

Don Middlemiss, Chaplain, Tabor Manor

Visitation is a key component in the work of a chaplain. I am very thankful for the many opportunities to be in the homes of tenants and residents at Pleasant Manor and to witness first-hand their faith, humour, compassion and genuine love of life. They have taught me much about living life to the fullest with thankful hearts, in spite of tremendous life struggles. Paul reminds us to “fight the good fight...to remain faithful.” Let us be challenged by Paul’s words and determine that we will finish our race and remain faithful. Bryan Sweet, Chaplain, Pleasant Manor.

## “CONNEXIONS” - PEOPLE MAKING A DIFFERENCE

I am Jeff Nissen from Brock University. I am currently doing my 4th year in Therapeutic Recreation and decided to do my placement course at Pleasant Manor. All the staff and residents are amazing people and I am grateful for the opportunity to get to know everyone. Having no previous experience in long-term care I was unsure of what to expect and quickly found out that the “myths” of senior homes are certainly not true. This experience has benefited me greatly not only professionally but personally as well.

My name is Christine Leonard, Director at Tabor Manor. I have learned many things over the past thirty two years of working at Tabor with our seniors. Three lessons stand out in my mind, work with excellence regardless of your role, change is the only thing you can count on and God is faithful.

## ON THE HORIZON

- May 6 – 12 Nurse’s Week - Tabor & Pleasant Manor
- May 29 Memorial Service – Tabor Manor - 7:00pm
- June 16 Heritage Day and Family Picnic – Tabor Manor 10:00am – 2:00pm
- June 23 Farm Day – Pleasant Manor 10:00am – 1:00pm

## VITAL STATISTICS - Waiting Lists

	Tabor Manor	Pleasant Manor
Apartments	649	605
Long Term Care	53	35