



**PLEASANT MANOR** RETIREMENT VILLAGE

### Preacher's Ponderings

***"If you are walking in darkness, without a ray of light, trust in the LORD and rely on your God."***  
***(Isaiah 50:10)***

On November 7, at 7p.m., in the Creekview Meeting Room we will be honouring those tenants and residents who have passed away during this past year. It is important

for us to acknowledge each individual's lasting impact on the lives of family and friends. We are thankful, as we seek comfort, that we have a God who cares! We can rely upon His comfort, hope and inner peace during those dark days in our lives. He is worthy of our trust!

### Dietary's Dish

Here we are with the cold weather knocking at the door. We will be looking at switching our menu cycle to the Fall/Winter menu during this month. We have made some changes to it in hopes to please everyone. I will be meeting with Resident's Council to review everything before we start. There will be a resident choice meal once a month, so please feel free to let us know what you would like to see showcased for these meals. As always we love to hear any recommendations/changes towards our menus!!

### Recycling Awareness Month

Join us this month as we work to make the recycling/garbage rooms in the complex work more efficiently. We would like to start a recycling committee as well, so if you're interested in serving in this capacity, please let Corinna know. Many of our activities this month for the tenants will be centered on the concept of reduce, reuse and recycle – come and join us for these fun events. Please help us make your home a better place to live by participating in these programs. If you have an idea to make recycling around our buildings more effective, please feel free to share it with us. **You can make a difference!**



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**PLEASANT MANOR**

serving seniors with excellence, love and dignity

### Calendar Highlights

- November 5<sup>th</sup>** – Optimizing Brain Health Course (every Monday at 9:30 in the OV Chapel)
- November 7<sup>th</sup>** – Memorial Service in Creekview Meeting Room.
- November 8<sup>th</sup>** – Remembrance Day Service with the Legion
- November 13<sup>th</sup>** – Oakview Flu Shot Clinic in OV Chapel
- November 14<sup>th</sup>** – Heidelberg-Rheingold Singers at Heritage Place
- November 15<sup>th</sup>** – Creekview & Garden Court Flu Shot Clinic in CV Link
- November 16<sup>th</sup>** – Brookview Flu Shot Clinic in HP Family Lounge
- November 17<sup>th</sup>** – Learn CPR with Kurtis Hubert in the OV Chapel
- November 20<sup>th</sup>** – Packing Shoeboxes for Operation Christmas Child
- November 21-22** – Decorating for Christmas
- November 24<sup>th</sup>** – Auxiliary Christmas Bazaar



# Pleasant Manor Post

November 2012

## From the Director's Desk

Every week, you will notice fresh flowers by the administration office, as well as in Long Term Care. One of our local florists donates these beautiful blooms faithfully each week. And volunteers from among our tenants carefully arrange and set out the flowers. What a generous thing to do! This is just an example of the many ways that volunteers from the community

or from our own Pleasant Manor neighbourhood contribute to our life here. And at the end of the month, our tireless Auxiliary will once again host the Christmas Bake Sale and Tea, with proceeds benefitting Pleasant Manor. Thank you for all you do! If you would like to volunteer in some way, contact us to ask about opportunities.



**Operation Christmas Child**  
Drop off your donations to the Therapeutic Recreation Department or the Main Office by **Friday, November 16, 2012.**  
*We will be packing boxes on Tuesday, November 20 at 4:00pm.*  
*You are welcome to join us!*  
Check out the web site for more information

<http://www.samaritanspurse.ca/operation-christmas-child/>