



PLEASANT MANOR RETIREMENT VILLAGE

Preacher's Ponderings

Balance plays an important role in our lives. In order to serve, we also need to take time to be refreshed. Proverbs 11:25 "Those who refresh others will themselves be refreshed." In taking the time to be refreshed, I hope to return to offer you a renewed sense of

God's presence and peace. I will be away for vacation from June 10-21. All chapel services will continue but the weekly Bible studies will be cancelled. I will be back in the office June 24. I look forward to seeing you when I return!

Recreation's Rant

FARM DAY! –June 22 – we would love to have you join us for this fun filled day! Lots of exciting things happening this year, including a jump and bounce for the kids – Invite your whole family – there's something for everyone! Also **volunteers are needed** for the day – please let me know if you are interested in helping in any way. There are a number of exciting events happening this month – don't miss any of it – check out the calendar! Also new this month is a program specifically for the tenants in AV on Fridays at 10AM – come join us at the initial Meet and Greet to brain storm with us some activities that you are interested in doing!

Maintenance Muse

It's been a very busy spring in the maintenance department, from the regular maintenance requests, to the many preventative maintenance duties that come due in the spring. The grass and gardens have sprung to life and Kurt is busy trying to stay on top of that work. With all of that said, Spring is still my favorite time of the year. The hot weather is here and the air conditioners are working hard, just a reminder to try and stay cool and drink enough water to stay hydrated. Hope you all have a nice final few weeks of spring and a good summer.

15 Elden St
Virgil, ON, L0S 1T0
905-468-1111
www.pleasantmanor.net



PLEASANT MANOR

serving seniors with excellence, love and dignity



Highlights

- JUNE 2 – 4:00 SUNDAY-VOLUNTEER LED SING ALONG IN HERITAGE PLACE.**
- JUNE 4 – 6:30PM SPECIAL PRESENTATION BY HELEN STEWART OF MELODY MAGIC**
- JUNE 12 -10:00-2:30 GOLDEN AGE APAREL IN CV LINK**
- JUNE 12- 2:30 PERFORMANCE BY GERRY KOWALCHUK**
- JUNE 15 – 7:00PM ALBERT DAHL SINGERS IN OV CHAPEL**
- JUNE 18 – 2:30 NOTL FAMILY HEALTH TEAM PRESENTS: LIVING WELL WITH DIABETIES**
- JUNE 22 – 10:00-1:00 FARM DAY**
- JUNE 24 – 7:00PM NIAGARA FALLS CONCERT BAND UNDER THE TENT IN FRONT OF CREEKVIEW**
- JUNE 25 – NOTL STRAWBERRY SOCIAL – SIGN UP ON THE CHAPEL BULLETIN BOARD**



Pleasant Manor Post

June 2013

From the Director's Desk

I want to once again thank our wonderful Tenant Council for their willingness to serve the Pleasant Manor community. We meet monthly to review items of concern and helpful suggestions, as well as ideas for projects we can undertake together.

As a result of our most recent meeting, be on the lookout for something new – you will soon be seeing receptacles in Creekview Link as well as at the administration office, for the purpose of collecting used batteries. As you know, batteries are not environmentally friendly! They should never go in your garbage. We are happy to collect your dead batteries and dispose of them in a way that is safe and environmentally responsible. All batteries (except for your car battery!) are welcome, including the old batteries from your hearing aids. Thanks for participating in this Eco-friendly Project!



Indoor Gardening with Horticulture therapist Karin Vermeer

Jaime's Journal

Summer is on its way, many of you have already had the opportunity to spend some time outside in the sunshine! The nursing department has four new personal support workers who are currently completing their training. Please help me in welcoming Catherine, Coral, Ginette and Shirri-Anne to the team! Barbara Lee, our physiotherapist will be conducting an in-service for our personal support workers on passive range of motion this week which will be very beneficial to the residents who are not ambulatory and require some strengthening and exercises. The therapeutic recreation staff will also be attending this in-service. Enjoy the sunshine and warm weather!