



PLEASANT MANOR RETIREMENT VILLAGE

Preacher's Ponderings

In our church calendar October begins with the celebration of Thanksgiving and ends with anticipating 'All Saints Day'. Typically, we in the evangelical world (including us Mennos) celebrate only the one event—Thanksgiving. But within the context of Pleasant Manor I think we have a great opportunity to remember and celebrate the people who have come before us. The "saints" of our faith: parents,

grandparents, great grandparents, they are the ones who taught us the 'Word of God', who witnessed and modeled a life of faith. We cannot and should not forget them. Let us consider how we can express our thanks to God for them throughout this month. And further, consider the legacy of faith that we will be leaving when we join that great cloud of witnesses (Hebrews 11).

Megan's Muttering

With Thanksgiving approaching, we will soon be taking time to acknowledge what we are grateful for. I know that counting my blessings soothes my soul and brightens my mood, but did you know there are actual health benefits to being grateful? Among many things, gratitude strengthens your immune system, lowers your blood pressure and improves your sleep. It helps you to feel more alert, it makes you more outgoing and it helps to strengthen relationships. Sounds like we should be thankful we have so much to be thankful for!

Dietary's Dish

We are happy to welcome the fall season and we are looking forward to a busy month with Thanksgiving banquets just around the corner. We will be reviewing the winter menu and hope to have it together in the next couple of months. As always we love to hear any recommendations towards our menus!!

Fundraising Efforts:

Thank you so much for the support you all provided to the Coffee Break fundraiser – you all raised over **\$780!** Thank you also to McDonalds NOTL for the coffee donation!



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PLEASANT MANOR

serving seniors with excellence, love and dignity

Calendar Highlights

- October 5** – Thanksgiving Banquets
- October 9** – Thanksgiving Day
- October 18** – Sound Medicine music with Rebecca
- October 30** – Sing with Mary & Margie
- October 31** – Tenants Bus Outing to Bird Kingdom

Tuck Shop:

The Tuck shop offers a wide variety of products that can save you a trip to the grocery store. We are open Monday to Saturday 9:00 am – 11:00am.

A big thank you to the faithful volunteers who run the tuck shop each day – we appreciate all that you do!



Pleasant Manor Post

October 2017

From the Director's Desk

As I sit at my desk to write for the October newsletter, it is quite warm outside, the air conditioning is on...not what you would expect for fall. I have completed my first full year at Pleasant Manor and now have seen the peach trees change through an entire season. I wouldn't mind if once fall ends we would start with spring again and bypass the winter altogether. We are excited to be offering Montessori training for staff in November. We continue to work toward training 100% of our staff in the Montessori philosophy of care. If you would like to learn more about the Montessori philosophy of

care, please speak to Megan Challice, Supportive Housing Coordinator or Norma Restivo, Therapeutic Recreation Supervisor. Thank you again to all of our volunteers that enhance the lives of our residents and tenants at Pleasant Manor. Your service truly makes a difference. Thank you to our employees for choosing to live out our mission of providing care with excellence, love and dignity. On behalf of the management team I would like to wish you a wonderful Thanksgiving holiday as you celebrate with family and friends.

Karen's Korner – Director of Clinical Services

Some exciting (well, somewhat sad for us) is that Gaye Nauta, one of our long-standing RNs, is retiring – congratulations Gaye! We wish you well on your new journey, all the best. Thank you for your years of dedication and service.

We welcome our newest PSW Maria to the team. She is doing great and is settling in well. (this means we now have a Maria, RN; and a Maria, PSW).

The RN schedule is currently being reviewed with staff. There will be no change to the number of hours of RN care, we're looking at the schedule from the lens of retention and recruitment. We have two members of the Nursing department team taking a course in Hospice-Palliative care approaches and strategies over the next few months.