



PLEASANT MANOR RETIREMENT VILLAGE

Preacher's Ponderings

I would like to introduce a new program - Spiritual Practices. The idea is to have time set aside to develop the more contemplative side of our faith and tradition. We will incorporate times of prayer, silence, scripture reading and the singing of hymns and spiritual songs – all to enrich our souls, strengthen our commonality and take us deeper in our faith. Each

time will be a separate event so if you miss one there'll be no need to catch up and will last no more than one hour. Our first Spiritual Practice will happen 2:00 PM on Tuesday, October 20, followed by Monday, November 16. We will then do four in row to celebrate Advent: November 30, December 7, 14 and 21. If you have any questions, please do not hesitate to ask.

Maintenance Muse

Wow, here we are again at the start of the Fall season. Many things have happened over the spring and summer; the Canopy in front of HP, the new pavement, a number of old trees removed, serious pruning of shrubs, the gazebo in Garden court courtyard was rebuilt. The gazebo in front of Creekview is also being refreshed and will soon be complete and of course all the regular maintenance issues that come up every day! We thank you for your patience through all of this, and we thank God for giving us the abilities and the provisions to be able to serve all of you in this way. Happy to serve. Have a great Fall season.

Debi's Desk – Supportive Housing

We are working at putting together the details for a flu shot clinic again this year. We are planning for it to be later this month or early November. Watch for more information about this. Join us on October 16 for a bus trip to Betty's with a scenic tour along the Niagara Parkway on the way there. Invite your friends – the more the merrier! Sign-up sheet will be on the chapel bulletin board.

Dietary's Dish

We are happy to welcome the fall season and we are looking forward to a busy month with Thanksgiving banquets just around the corner. We will be reviewing the winter menu and hope to have it together in the next couple of months. As always we love to hear any recommendations towards our menus!!

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PLEASANT MANOR

serving seniors with excellence, love and dignity

Calendar Highlights

- October 6 –** Wheelchair Cleaning Clinic
- October 8 –** Thanksgiving Banquets
- October 10- Niagara Mobile Foot Care –** sign up in the admin office.
- October 12 –** Thanksgiving Day
- October 14 –** Bus trip to Betty's with LTC residents.
- October 16 -** Bus trip to Betty's with Tenants – Sign up on the Chapel bulletin board.
- October 19 – Federal Elections –** 8:30-1:30 in HP, 1:00-10:00pm in OV Chapel
- October 28 –** Alzheimer Coffee Break Fundraiser in the CV Link
- October 28 –** Operation Christmas Child Kickoff.
- October 30 & 31 –** Halloween with the Kids – Bring the little ones all dressed up.



Pleasant Manor Post

October 2015

From the Director's Desk

I always look forward to Thanksgiving. It represents for me that wonderful autumn sunshine and cozy evenings, but no snow! This Thanksgiving is extra special for me because we will have family visiting from out of town,

which promises to be a time of long chats and plenty of laughter. I trust that you will be able to enjoy time with family this Thanksgiving, including your Pleasant Manor family. That in itself is something to be thankful for!

Fundraising Event this month:

Join us on Wednesday, October 28th in the CV Link to raise funds for the Alzheimer Society from 9:30-11. We are looking for people who are willing to bake for this too - Talk to Corinna if you can help. Sponsored by:



Operation Christmas Child



We will have an informational Kick off in HP on Oct. 28 – come and find out how your donation makes an incredible impact on those who receive a shoebox.

<http://www.samaritanspurse.ca/rss/operation-christmas-child/resources/about-this-project.aspx>