



# PLEASANT MANOR RETIREMENT VILLAGE

Language	Happy New Year!
Arabic	Kul 'am wa antum bikhair
Czech	Stastny Novy Rok
Danish	Godt NytÅr
Dutch	Gelukkig nieuwjaar
French	Bonne ann�e
German	Ein gl�ckliches neues Jahr
Hawaiian	Hauoli Makahiki hou
Hebrew	Shana Tova
Hungarian	Boldog uj evet
Indonesian	Selamat Tahun Baru
Italian	Felice Anno Nuovo
Latin	Felix sit annus novus
Philippines	Manigong Bagong Taon
Polish	Szczesliwego Nowego Roku
Romanian	La Multi Ani si Un An Nou Fericit
Swedish	Gott Nytt År
Welsh	Blwyddyn Newydd Dda

## Dietary's Dish

I would like to say a big thank you to the Dietary team for the amazing job that they did on the Christmas Banquets – we hope you enjoyed them!

As we go through our first cycle of the winter menu, we invite your comments or concerns. Please let us know in the kitchen or feel free to leave a comment in the comment boxes.

We will be having a resident choice meal once a month, if you have any ideas please don't hesitate to tell us.

**Flower – Snowdrop**  
 January has two flowers of the month – the multi-colored carnation and The white snowdrop. In the northern hemisphere, the snowdrop is usually the first flower of the year, emerging as green shoots with downturned flowers of six white petals (typically three long and three short). An active substance in snowdrops is galantamine, an alkaloid rumored to be the “moly” from Homer’s Odyssey (the antidote against Circe’s poison) that’s now used to treat nervous system disorders from motor dysfunction to Alzheimer’s disease.



## Calendar Highlights

- January 1** – New Year’s Day
- January 6** – Christmas Decoration Takedown
- January 9** – Mennonite Burial Society AGM
- January 10** – Sing along with Irene and Friends in Heritage Place
- January 15** – Music with Mendelt
- January 18** – Oma’s Sewing Box with Nellie Visser in Heritage Place

“Winter came down to our home one night, quietly pirouetting in on silvery-toed slippers of snow; And we, we were children once again.”  
 ~ Bill Morgan Jr., from the poem “Winter”



# Pleasant Manor Post

January 2016

## From the Director’s Desk

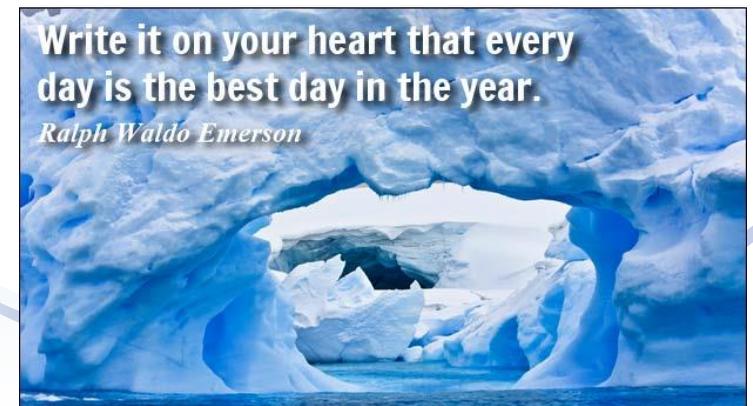
Winter has arrived, and with it comes the inevitable snow and ice, although we haven’t seen too much of that yet. I encourage all of us to stay safe when venturing outdoors. Watch for icy conditions, drive with extra caution, and bundle up! Hopefully we will avoid some of the harsh weather we’ve experienced in the past couple of years. But in any case, we can be thankful for the warmth and comfort of our Pleasant Manor home.



Making winter decorations



Christmas Fun



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## PLEASANT MANOR

serving seniors with excellence, love and dignity