



PLEASANT MANOR RETIREMENT VILLAGE

Preacher's Ponderings

The Bible holds many promises for us. Someone has counted over 7000! As we enter a new year, it is good to reflect on these promises and hold them to be true.

God is faithful

1 Cor. 1:8-9 "He will keep you strong to the end so that you will be free from all blame on the day when our Lord Jesus Christ returns. ⁹ God will do this, for he is faithful to do what he says, and he has invited you into partnership with his Son, Jesus Christ our Lord."

God's love never fails

1 John 4:10 "This is real love - not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins."

God is all sufficient. He can meet my every need Phil. 4:19 "This same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus."

God offers me inner peace and hope for eternity John 14:27 "I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid."

May God's promises offer you comfort and hope as you enter this New Year!

Wishing you His peace, Bryan
- Chaplain

Dietary's Dish

I would like to say a big thank you to the Dietary team for the amazing job that they did on the Christmas Banquets! As we look forward to the New Year we hope to continue to serve you well!! We have just completed our first cycle of the Winter menu, if there are any comments or concerns with food items please let us know in the kitchen or feel free to leave a comment in the comment boxes.

We will be having a resident choice meal once a month, if you have any ideas please don't hesitate to tell us.

Putting a Stamp on January

Canadian Bluenose might sound like someone who's been out in the January cold too long, but it's actually the name of a stamp issued in Canada on January 8, 1929. It features an image of the Canadian schooner Bluenose, a celebrated racing ship, hard-working fishing vessel, and symbol of Nova Scotia. The stamp is considered to be one of the most beautiful stamps ever made and is worth about 700 Canadian dollars.

Calendar Highlights

January 2nd – Music with Mendelt

January 4th – Sing along with Irene and Friends

January 6th – Christmas Clean up

January 8th – Bus Trip – Tour of the Niagara Falls Lights

January 26th – Family Council – all family members of current residents are welcome to attend.



Pleasant Manor Post

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"There are two seasonal diversions that can ease the bite of any winter. One is the January thaw. The other is the seed catalogues."

~ Hal Borland



Making winter decorations



Christmas Fun



"To read a poem in January is as lovely as to go for a walk in June."

~ Jean-Paul Sartre

Carnation - This month's flower is as rich in history and significance as it is diverse—and with around 300 species, that's saying something! Their genus, dianthus, means "flower of the gods," which explains why they were a favorite among early Romans, who made them into celebratory wreaths. Supposedly, these pretty petals first grew from the patches of earth where Mary's tears fell after Christ's crucifixion. Because of this, carnations have come to represent a mother's love. Although pink carnations make a perfect Mother's Day bouquet not all carnations are as innocent in their symbolism. According to The Language of Flowers, if you give a bouquet of striped, carnations, you're refusing romantic sentiments. In contrast, red carnations are best to give when you wish to express romantic passion.

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