



**PLEASANT MANOR** RETIREMENT VILLAGE

### Preacher's Ponderings

Ash Wednesday happens on February 10, the beginning of the 40 Days of Lent. To overlook Lent is to overlook the deep and rich practice of aligning our everyday lives with the Gospel—remembering that what took place on the cross and all that led up to that moment has eternal impact on how we live.

To explore the tradition of Lent and its value on our faith, our Spiritual Exercises Class will start again with a short Ash Wednesday service followed by four Monday gatherings at 2:00 PM in the chapel as we lead up to Easter. Check the Calendar for specific details.



### Dietary's Dish

In the next month you will be seeing a bit of a change in the Management of the kitchen as Christina will be going off for her Maternity leave. We will let you know who will be filling in for her as soon as we know. A reminder to all that on this menu that we have resident's choice meal once a month. If there is something you or your loved one would like to see for that meal please forward the idea to the kitchen and we will see if we can make it happen.



Join us for a Matinee showing of Anything Goes at Laura Secord Secondary School – This will be the third year that we are seeing one of their productions and we are impressed every year with the quality of the performance. Check out the posters for more details – Price includes your lunch!

### Maintenance Muse

All is good in maintenance, we are enjoying a calm winter so far and looking forward to the spring. Enjoy your days and stay safe.

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**PLEASANT MANOR**

serving seniors with excellence, love and dignity

### Calendar Highlights

- Feb 2<sup>nd</sup>** – Groundhog Day – Come in to guess our shadows!
- Feb 5<sup>th</sup>** – Hands on Exotics
- Feb 7<sup>th</sup>** – Worship Time with Irene and Friends
- Feb 10<sup>th</sup>** – Ash Wednesday Service
- Feb 12<sup>th</sup>** – Auxiliary Valentines social in HP
- Feb 15<sup>th</sup>** – Family Day
- Feb 17<sup>th</sup>** – Sweetheart Lunch for HP
- Feb 23<sup>rd</sup>** – Sunshine Singers in HP
- Feb 24<sup>th</sup>** – **Anything Goes** Matinee Bus trip – Sign up on the Chapel bulletin board



# Pleasant Manor Post

February 2016

### From the Director's Desk

I have had several of you comment to me about how nice it is that each of our buildings (except Garden Court) is connected by hallways. At this blustery and cold time of year, it is a great benefit to be able to go to the dining room, to a chapel service, to the Tuck shop for coffee, or just get some much-needed exercise, by utilizing all of the interior space of Pleasant Manor. I invite you to take advantage of our clean and attractive common areas – to enjoy the space, stretch your legs, and most importantly, build friendships with your neighbours.



Planting Seeds

### Greetings from Gayle

I am pleased to announce that we have completed our annual Ministry of Health Inspection of Long Term Care Homes. I want to take this opportunity to thank everyone including staff, residents and family members for your patience and continued support during this process. Our final report was very positive and the inspectors conveyed to us that we have a wonderful home and staff. Our Convalescent Care Program is advancing and moving along as planned. A story was recently published in the Niagara Advance about the program and its progress. So far we have had a total of 14 individuals admitted into Convalescent Care and discharged home. Nine of those admissions have been Niagara on the Lake residents. Our goals remain the same and we hope to have 12 beds for convalescent care within a year. Our Director of Care, Bonita Riehl continues to be on a medical leave and she is recuperating well. During her absence I will continue to be your Acting Director of Care along with my role of Convalescent Care Coordinator. Please do not hesitate to stop by with any questions or concerns you may have regarding convalescent care or long term care.

“It is not how much you do but how much love you put in the doing” Mother Theresa.