



PLEASANT MANOR RETIREMENT VILLAGE

Preacher's Ponderings

Recently, we began a new Bible study series on featuring the Book of Acts. Acts is a continuation of Luke's narrative of Gospel picking up from Jesus' resurrection. More than just a historical book, Acts gives us insight into how Jesus continues his work of expanding the Kingdom through us, his people. For insight into how we ought to live together and in this world, feel free to join us Thursday afternoons at 2:00 in the Oakview Chapel.

Maintenance Muse

Wow! It's a hot summer. Maintenance is busy with all thing related to the heat, Just trying to keep all the air conditioners working and keeping the grass from dying. We thank God for the sunshine but are also praying for rain. Let's all try and enjoy the summer and remember to drink a lot of water.

Debi's Desk

The Supportive Housing department welcomes Alberto Ruiz Micoya PSW to the department. Three of our staff have taken part in the Montessori training this month and have found the learning very interesting and relevant.

Dietary's Dish

Hello again, I can't believe that I have been here for about seven weeks already. I am starting to recognize people and am really enjoying getting to know new people. There have been lots of requests for more ice cream so that is going to start. With the hot weather it is a perfect dessert. Sorry for any menu changes that have been made at the last minute, hopefully my ordering is getting better. Remember that if you have concerns, questions or even a request about meals I would love to talk to you. Christiane

Highlights

- August 5th** – Music therapy with Mendelt in Heritage Place -LTC
- August 5-21** – Summer Olympics in Rio
- August 14th** – Worship time with Irene & Friends in Heritage Place - LTC
- August 19th** – Watermelon & Rollkuchen for LTC residents
- August 22nd** – Bus trip to Avondale Dairy Bar



August Weather Lore

If the first week in August is unusually warm, the coming winter will be snowy and long. For every fog in August, There will be a snowfall in winter. If a cold August follows a hot July, It foretells a winter hard and dry.

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From the Director's Desk

In my reading recently I have discovered that the very hot days we experience at this time of year have been known for thousands of years as the 'dog days of summer'. This is due to the coincidence of the hot humid weather being

experienced at the same time of year as the prevalence of the dog star 'Sirius' in the early morning sky. I hope you can enjoy even the hottest dog days of summer, and perhaps also get a glimpse of the starry night sky!



Enjoying the Niagara Falls Concert Band

Take a Birthday Bough

Cypress: August 1–4 Those who fell from the cypress tree are very faithful. They love to be around other people and are extremely adaptable to new situations. They are optimistic and take what life has to offer.

Poplar: August 5–13 People who fell from the poplar tree take their friendships and spousal relationships very seriously. They can be relied upon in almost any situation. They are also very imaginative and creative.

Cedar: August 14–23 Those who fell from the cedar tree are not in the least bit shy. They are self-confident and outgoing. Since patience is not one of their virtues, they are quick to make decisions.

Pine: August 24–31 People who fell off the pine tree are very active. Even though they can be perfectionists, they make great companions. They are frugal and know how to stretch the buck, and yet still live comfortably.

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