



PLEASANT MANOR RETIREMENT VILLAGE

Preacher's Ponderings

The Sweet Side of Suffering by M. Esther Lovejoy states "The only difference between meaningless suffering and the value of suffering is into whose hand we place it – God's or Satan's. God's hands are inspired by unfailing love

and goodness. Both hands can hurt, but only one has a sweet side." Into whose hands are you placing your painful experiences? Our God of compassion offers us His hands of love, strength and daily support.

Suggestions for Staying Cool

Here are some tips for staying cool during heat waves.

- The HP Chapel, OV Chapel and Creekview Link are air conditioned, please feel free to come and cool off anytime in any of these locations
- Use fans and air conditioners in your apartments.
- The tuck shop sells ice cream treats every Wednesday afternoon from 3:00-3:30.
- Check on each other regularly through very hot weather, make sure everyone is safe.
- **Drink lots of water!**

Supportive Housing

It has been a busy summer so far in covering staff vacation and sick time. We want to wish Marilyn Davis good luck with her future endeavours as she is leaving Pleasant Manor. We welcome Jada Wakunick PSW and Ruth Hirniak PSW into our Supportive Housing Dept. Allison Busch will be returning back this month after her maternity leave. Welcome Back!

Dietary's Dish

***New* We have set up a coffee spot in the AV lounge so that you can enjoy a cup whenever you like. Please help yourself!** The kitchen is truly enjoying hearing the compliments on the meals that people are eating. If there is anything you would like to see on the menu please do not hesitate to let us know. You can even use the comment forms in the dining rooms. We are also looking forward to all the local produce that will be available over the next couple of months.

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PLEASANT MANOR

serving seniors with excellence, love and dignity

Highlights

August 5th – Music with Gerry K

August 7th - Watermelon & Rollkuchen for Tenants in the CV Link -Cost \$2 per person

August 8th – Special Musical Performance by Helen Stewart – check out the flyers for more information.

August 10th – Sing along with Irene & Friends in HP

August 11th – Watermelon & Rollkuchen for Residents and Wellness suites.

August 12th – **Ride Back in time** – a 1924 Chevy Convertible will visit both Long Term Care and the apartments for rides & reminiscing.



August 16th – Albert Dahl Musicians



Pleasant Manor Post

August 2014

From the Director's Desk

I love the month of August – warm summery days, cooler nights, no bugs, and peaches! As well, for a few days in mid-August we can count on a spectacular show of falling stars, especially if we are fortunate enough to get out to

rural areas for a good view of the night sky. Whether or not you get the chance to be out late at night for the meteor showers, I trust you will find ways to enjoy this very special month.



We are pleased to announce that Pleasant Manor now offers three areas with Wi-Fi – Creekview Link, Creekview Meeting Room, and Brookview/Heritage Place Basement. Check the bulletin boards or the admin office for details.



DOC's Dialogue

My backyard oasis is where I like to soak up the warmth of the sun during summertime. It is my place of retreat without the hassle of travel. I enjoy the sights and sounds of the birds, the bugs and the wildlife that scoot around in the lush greenery. My back deck has become a gathering place for my neighbourhood friends. Heritage Place has a similar oasis, that being the courtyard. I encourage residents and staff to take a stroll through the courtyard and enjoy the colourful flowers and foliage, the sun, the breeze, the birds and even the bugs. Do you know the importance that bees play on our eco-system? Many people think of bees simply as a summertime nuisance but these small and hard-working insects actually make it possible for many of our favourite foods to reach the table. From apples to almonds to pumpkin in our pie, we have bees to thank. Wishing you all a wonderful summertime!